

Upcoming Weekends of Recovery



Level One WORs

Whidbey Institute
Whidbey Island, WA
October 19-21, 2018

Hope Springs
Peebles, OH
October 18-20, 2019

Whidbey Institute
Whidbey Island, WA
March 3-10, 2019

Alta Lodge
Alta, UT
September 20-22, 2019

Advanced WOR

Alta Lodge
Alta, UT
August 9-11, 2019

WOR retreats provide complementary support for any male-identified adult who is a survivor of sexual trauma as a child and/or as an adult. Alumni of WOR retreats report the experience contributed to easing their suffering; to enabling higher functioning; to facilitating healthier relationships with friends, partners, children; to inspiring activism; and to diminishing the cycle of victimization.

The Weekend of Recovery is structured to include sessions with the entire community of participants as well as small group sessions, where you can have more individual time to talk and share your feelings and observations. The program will introduce you to a variety of approaches for managing emotions and life stressors, as well as promoting relaxation. A goal is for all participants to have a range of skills and experiences to take home with them.

Read about the experiences of other attendees and "Is This For Me?" on our website first, then register for one of our upcoming Weekends.

A limited number of scholarships are available. Visit our website for complete information.

Jim Struve
Manager
Weekends of Recovery